Techniques for Stellar Blow Jobs

Different ways to use your tongue – pointy & hard, broad & soft

Different types of licks – ice cream lick, tongue flick, figure eight, from perineum to tip

Different things to try – slap penis against your tongue, face fucking, tea-bagging, use of toys and varying temperatures

Don’t forget – kissing, sucking, speeding up & slowing down licks, playing with his testicles

GET CREATIVE!

1. Flicker your tongue across the frenulum.
2. Hold mouth still with penis inside and pump with hand only.
3. Hold tongue stationary and move his cock around inside your mouth.
4. Soften tongue and leave a sloppy spit trail.
5. Give long slow licks with lots of eye contact.
6. Speed up and slow down your licks.
7. Swirl tongue around corona while head is in your mouth.
8. With your hands against his hips, bob your head up and down.
9. Twist your head as you go up and down with penis inside mouth.
10. Twist your hand around the shaft while sucking.

Illustration from The Ultimate Guide to Anal Sex for Men by Bill Brent

The perfect position for deep throating because the penis is able to go straight down the throat.
Top 10 Fellatio Tips:

1. Variety. Tray a range of sensations: vary the speed, pressure & area you focus on. Remember to use lips, tongue, breath, your whole face...and once you find something that feels good to your partner, STAY THERE!

2. Using your hands is not cheating! Oftentimes, a good simultaneous handjob can amplify a great blowjob.

3. Check your attitude – Are you playful? Worshipful? Controlling him with your mouth? Whatever it is, totally get into it and do what you want to do!

4. Do a tongue test: lick all over your partner’s package to find out where all their most sensitive parts are.

5. Wrap your lips around your teeth to give softer strokes and sucks.

6. Get messy! The wetter and slicker, the better! Use lube to amplify the slippery effects of saliva.

7. Play with the balls and butt as you give head. Consider a simultaneous external prostate massage.

8. Try positions that are comfortable for you to maintain longer stretches of time: under your partner, kneeling, and lying down in between the legs are hot positions.

9. Put a dab of lube inside a condom’s reservoir tip to add sensation to latex blow jobs. Practice putting the condom on with your mouth, and try flavored condoms to suit your tastes.

10. Vary sounds, vibration, temperature, or other sassy additions to your blow jobs.
The Prostate

With all the talk about the elusive G-spot, we tend to automatically think about only women's pleasure. But what if men have a G-Spot as well? They do: the prostate gland!

The prostate gland can be found directly below the bladder. The walnut-shaped gland is composed of smooth muscle fibers and glandular tissue and can be stimulated directly (through the anus) or indirectly (externally, via the perineum – a.k.a. the “million dollar spot,” located between the anus and the testicles).

Prostate Stimulation

Prostate massage and prostate milking may lead to a unique version of orgasm. Considerable pleasure can be achieved through the stimulation of this little gland. The best way to stimulate the prostate is to insert a well-lubricated index finger to the second knuckle into the anus and use a "come hither" motion (always pointed towards the belly button), similar to the way that the female G-spot is stimulated. Much as is true with the female G-spot, stimulation of the male G-spot may at first feel uncomfortable, but with time this is often replaced with intense pleasure that is different from a typical orgasm. Vibrators may be of use as the prostate has been known to respond well to vibration in addition to pressure. There are even certain dildos shaped specifically to pleasure the prostate!
“…the PC Muscle contracts randomly during arousal and rhythmically during orgasm. Improving its condition tends to increase the intensity of our pelvic erotic sensations.”

Books:
The Ultimate Guide to Anal Sex for Men
Anal Pleasure and Health
The Ultimate Guide to Fellatio
Going Down: the Instinct Guide to Oral Sex
Blow Him Away: How to Give Him Mind-Blowing Oral Sex
Dick: A Users Guide
The Multi Orgasmic Man
The Family Jewels
The Good Vibrations Guide to Sex
The Guide to Getting it on

Videos:
Nina Hartley’s Guide to Anal Sex
Nina Hartley’s Guide to Oral Sex
Nina Hartley’s Guide to Fellatio
Bend Over Boyfriend 1 & 2

Web
www.babeland.com/sexinfo/howto/buttocks
www.babeland.com/sexinfo/howto/blow-job
www.babeland.com/sexinfo/mens_room

Resources

Combine a blow job with anal play! You can massage the anus externally or use your fingers or toy for penetration. This is a great position to do a blow job and reach the prostate too.

Illustration from The Multi Orgasmic Man by Chia &

Illustration from Blow Him Away by Marcy

Babeland
Sex Toys for a Passionate World
SoHo. ● L.E.S. ● Park Slope ● Seattle ● www.babeland.com
Anal Sex Tips

1. **Use LOTS of Lube**
   Butts do NOT self-lubricate. Always use plenty of lube to increase pleasure and minimize discomfort.

2. **Take it Slow**
   Start massaging the anus by circling around it externally, back & forth, up & down (vibration is good for this as well). Using a little pressure is nice too, but don’t do any penetration.

3. **Check in with Your Partner**
   Does this feel good? More/less movement? More/less inside?

4. **Start with Fingers**
   Stimulate the external anal area to focus attention on the butt, perineum & anus. Rest the pad of your finger on the anus to get used to the feeling.

5. **Getting Inside**
   When your partner is ready; slowly slide your finger in up to your 1st knuckle. Just stay THERE and let them get used to that feeling. When your partner is ready – start moving within the anal canal back & forth and side to side.

6. **Prostate Stimulation**
   Once inside, curve your finger toward your partner’s belly button, and feel for a textured, ridged area about two to three inches inside. Prostates enjoy a variety of sensations from firm pressure to rhythmic movement to vibrations, so try some different movements until you find their favorite.

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**Strap-On Tips:**

**DO get acquainted with your harness/dildo before getting into the act.**

**DO know the lube! Love the lube! Use the lube!**

**DO use Babeland to your advantage: Try on harnesses, feel the texture of the dildos, etc. That's what we're here for!!**

**DON'T be so serious. Have fun and be playful with it!**

**DON'T let your eyes be bigger than your insides. Start small. You can always upgrade**

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**Accessories**

- **Vibrating Cock Ring:** provides stimulation for both partners
- **Silver Bullet Vibrator:** to slip into certain harnesses
- **Coupler:** to attach two dildos together
- **Slip-Knot:** to make your dildo’s base wider if needed
- **Harness Cuff:** to add a dildo or plug for the harness-wearer
- **Magic Carpets:** provides clitoral stimulation for the harness-wearer
Top 5 Tips for Jumpstarting Communication

1. **Build a sex-positive life.** Make being sex positive a priority. Practice talking about sex with friends. Give compliments to your partner. Use "I" statements when difficulties arise.

2. **Explore together.** Use a book, a workshop, a movie, or a visit to Babeland as a conversation starter.

3. **Sex Date.** Make a date to have a nice dinner out and talk only about sex, especially fantasies, what you like, what you're curious about, and what you'd like to do later!

4. **Yes/No/Maybe List.** A fun activity to do solo or as a couple. Make a list of sexual activities and rank them in columns under "Yes," "No," and "Maybe." (See next page for example)

5. **Sex Menu.** Imagine sex as your ideal meal. What activities would you choose as appetizers, different courses, or dessert? A great activity for spicing it up!

    **Bonus Tip. Sexy Mad Libs.**

    I had this really hot dream where___________________________________________.

    I think it's really hot ________________________________________________________.

    You're so sexy when you______________________________________________________.

### Sexy Words for “Dirty Talk”

<table>
<thead>
<tr>
<th>Things to Call Each Other</th>
<th>Things to Say</th>
<th>Adjectives</th>
<th>Penis/Testicles</th>
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</thead>
<tbody>
<tr>
<td>baby, cunt-tease, hooker,</td>
<td>bend over,</td>
<td>beautiful,</td>
<td>balls, dick,</td>
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<tr>
<td>bastard, cock sucker,</td>
<td>faster,</td>
<td>horny,</td>
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<td>bitch, cunt lapper,</td>
<td>come inside,</td>
<td>juicy,</td>
<td>phallus, shaft,</td>
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<td>boy, daddy, master,</td>
<td>deeper,</td>
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<td>cock-tease, girl, mistress</td>
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<td>hot,</td>
<td>cock, jade stalk</td>
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<td>now</td>
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From *Exhibitionism for the Shy* by Carol Queen